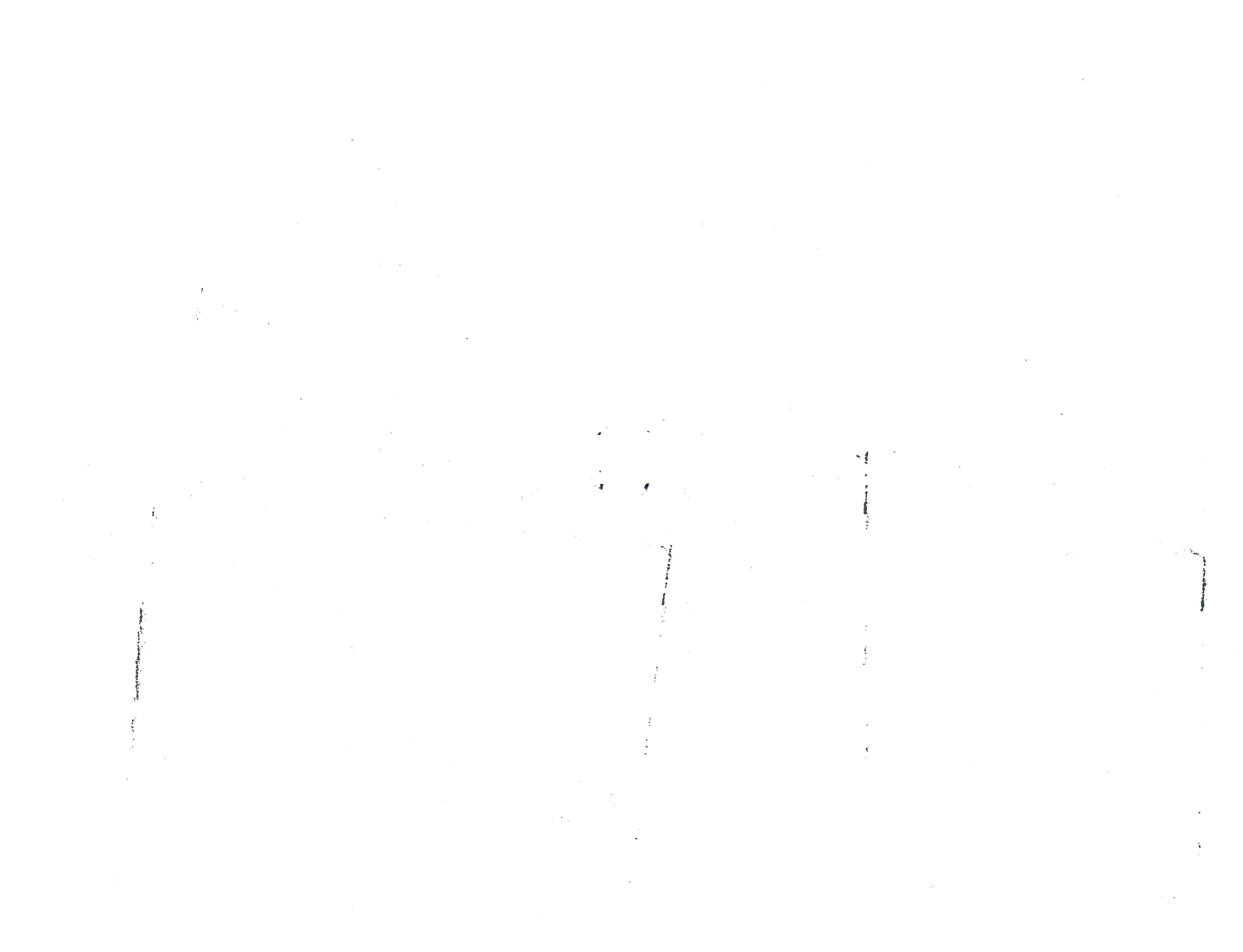


1982
LUTHERAN
OUTDOOR
MINISTRIES
CENTER

—St. Francis of Assisi
"Praise be my Lord for our mother the earth."





MOCASSINS ON THE ARK

Summer 1982

Lutheran Outdoor Ministries Center
Oregon, IL 61061

Name _____
Dorm/Hogan _____
Leader _____
Program _____
Date _____
Camping Pastor _____

REFLECTIONS

"Francis of Assisi was a mirror of Christ."
--G. K. Chesterton

Francis of Assisi was poor,

Frail in purse and body.

Slight in physique,

No surplus muscles or strength.

Meager possessions,

Plain sandals, rude cloak, rough cowl.

Not much to look at, really.

But no one ever saw *him* when they looked.

They saw the one he reflected.

He was a *Mirror of Christ*.

P.S. When people look at me-

I wonder what they see?

GENIUS FOR SAUNTERING

"I have met with but one or two persons in the course of my life who understood the art of Walking, that is, of taking walks, -- who had a genius, so to speak, for sauntering, which word is beautifully derived from idle people who roved about the country, in the Middle Ages, and asked charity, under pretense of going a la Sainte Terre". To the Holy Land, till the children exclaimed, "there goes a Sainte-Terrer", a Saunterer, a Holy-Lander. They who never go to the Holy Land in their walks, as they pretend, are indeed mere idlers and vagabonds; but they who go there are saunterers in teh good sense, such as I mean..."
Henry David Thoreau

MOCASSIMS ON THE ARK

To possess the vision of an eagle
To recognize the presents/presence of the
tree and the absence of the
butterfly
To wear mocassins on the ark; and
To be giddy.

Daily Themes

Ark
Who shut the door to the Ark?

Butterfly
Crawlers in the Mine

Trees
Who by a Tree Once Overcame
is Overcome

Mocassins
Go easy on the Knees

Eagle
Hanging Upside Down and Looking
at the World

Bible Verses

Genesis 1:1-24
Psalm 104

Genesis 3:1-13
Mathew 4:1-11

Genesis 1:26-25
Psalm 8
Colossians 1:15-20

Deuteronomy 6:1-22
John 3:16-17

Palm 104
1 Cor. 1:18-31

(Cantical of Brother Sun Con.)

Be praised, my Lord, through those who pardon give
For love of you,
And bear infirmity and tribulation;
Blessed they who suffer it in peace,
For of you, Most High, they shall be crowned.

Be praised, my Lord, through our Brother Death of
Body,

From whom no man among the living can escape.
Woe to those who in mortal sin will die;

Blessed those whom he will find in your most holy
graces,

For the second death will do no harm to them,
Praise and bless my Lord, and thank him too,
And serve him all in great humility.

THE CANTICLE OF BROTHER SUN

Most high, almighty, and good Lord,
Yours is the praise, the glory, honor, blessing all.
To you, Most High, alone of right they do belong,
And no mortal man is fit to mention you.

Be praised, my Lord, of all your creature world,
And first of all Sir Brother Sun,
Who brings the day, and light you give to us through
him,
And beautiful is he, agileam with mighty splendor:
Of you, Most High, he gives us indication.

Be praised, my Lord, through Sister Moon and Stars:
In the heavens you gave formed them, bright and fair
and precious.

Be praised, my Lord, through Brother Wind,
Through Air, and cloudy, clear, and every kind of
Weather,

By whom you give to our creatures sustenance.
Be praised, my Lord, through Sister Water,
For greatly useful, lowly, precious, chaste is she.

Be praised, my Lord, through Brother Fire,
Through whom you brighten up the night,
And fair he is, and gay, and vigorous, and strong.

Be praised, O Lord, through our sister Mother Earth,
For she sustains and guides our life,
And yields us divers fruits, with tinted flowers, and
grass.

Some things to consider everyday...

Bible passages I read...

Games I played...

What I learned about the out of doors...

What I learned about members of my group...

THE PRAYER OF ST. FRANCIS

Lord, make me an instrument of Thy peace;
Where there is hatred let me put love,
Where there is anger let me put forgiveness,
Where there is discord let me put unity,
Where there is doubt let me put faith,
Where there is error let me put truth,
Where there is despair let me bring happiness,
Where there is sadness let me bring joy,
Where there is darkness let me bring light.

O Master, grant that I may desire:

To console rather than to be consoled,
To understand rather than to be understood,
To love rather than to be loved.

Because it is in giving that we receive;
In forgiving that we obtain forgiveness;
In dying that we rise to eternal life.

Francis of Assisi knew the deep inner secrets of living.

People of his time- thousands of them- has a sense of despair, of gnawing need; their lives were desolate. On such as there Francis bestowed new life.

For men of wealth he demonstrated ways of living in which meaning replaced materialism.

To persons of royal blood-even kings and princes- he offered the nobler royalty of inner riches.

He showed soldiers of fortune how the spirit can replace the sword.

He taught tired, pinched personalities on every level of society how to free themselves from slavish conformity and give themselves to a saving Christ.

Not wealth but wisdom. Not pride but humility.

Not worldliness but simplicity. Not empty living but heart-filled joy. Not a rock but a loaf. And

spiritual water for drink.

People by the thousands followed Francis because he taught them- and by his example he showed them- how to come alive. Then, his mission accomplished, he

demonstrated how to die- in dignity and joy.

Untold numbers of people, today as in Francis' time lead empty lives, bleak existences filled with

desolation and despair. Materialism enslaves them; the pace of life overwhelms them. They are suffocated

by fears, fads, phobias. They have lost their way in life and their will to live. But when death

approaches they fear that too, and it looms as their final defeat.

Francis of Assisi knew the deep secrets of living- and of dying. His life, and his death,

have intimate lessons for all. He is a way-show-er for those in need.

"WE STAND IN AWE"

All: How wonderful is Your creation, O God!
Leader: We stand in awe before the vastness of
the Universe.
People: Whose magnitude and wonder grow in men's
minds with every new scientific insight.
L: We stand in awe before the miracle of man.
P: Whose staggering achievements are but the meager
scratchings of the fullest potential You intended
for him.
L: We stand in awe before the mystery of creation
itself,
P: Which causes men to ask: "How did it all start?
Why are we here?"
L: We stand in awe before the orderliness of life,
P: As seen in the natural laws governing atoms and
humans, the remotest stars and the smallest
blades of grass.
L: We stand in awe before the unity of spirit,
P: Which we cannot always prove with facts, but
which we often can feel with faith and unshakable
uncertainty.
All: Keep us sensitive to the needs of others.
Help us to know Your will for us and for all
of creation. Guide us, our Father.

Games can restore life

playing around with words

taking them out of one context and putting

another

is a way of preserving or restoring their life

words are not worn out by use but by careless

use

so to use them again carefully

restores...

"THANKS FOR MUDDY SHOES"

Leader: O God, We give you thanks for muddy shoes

People: Which walk through Your creation and rejoice.

L: Renewed bodies

P: Which breathe fresh air and become whole,

L: Wandering minds

P: Which are readied for the mysterious depths of

fath.

L: Anxious hearts

P: Which are opened to outselves and to others

and to You,

L: Churning souls

P: Which are calmed and cleansed and set on fire,

L: Lonely moments

P: Which hollow us out to be filled again,

L: Reconciled friendships

P: Which sustain us and restore us and heal,

L: Special times

P: In which we share, together risking your love.

Left: And man said, "Let us cage these animals for sport."

Right: And man did. And there were no more animals on the face of the Earth.

All: And man said, "It is good."

Left: On the fifth day man breathed the air of the Earth.

Right: And man said, "Let us dispose of our wastes into the air for the winds shall blow them away!"

Left: And man did. And the air became heavy with dust and choked and burned.

Right: And man said, "It is good."

Left: On the sixth day man saw himself, and the many languages and tongues and fear and hatred.

Right: And man said, "Let us build great war machines and destroy these lest they destroy us."

Left: And man built great machines and the Earth was fired with the rage of great wars.

Right: And man said, "It is good."

All: On the seventh day man rested from his labors and the Earth was still. For man no longer dwelt upon the Earth.

All: In the end, there was Earth, and it was with form and beauty.

Left: And man dwelt upon the lands of the Earth, the meadows and trees, and he said:

Right: "Let us build our dwellings in this place of beauty."

Left: And he built cities and covered the Earth with concrete and steel.

Right: And the meadows were gone, and man said, "It is good."

All: On the second day man looked upon the waters of the Earth, and man said,

Left: "Let us put our wastes in the waters that the dirt will be washed away."

Right: And man did. And the waters became polluted and foul in their smell.

All: And man said, "It is good."

Left: On the third day man looked upon the forests of the Earth and saw they were beautiful.

Right: And man said, "Let us cut the timber for our homes and grind the wood for our use."

Left: And man did. And the lands became barren and the trees were gone.

Right: And man said, "It is good."

All: On the fourth day man saw that animals were in abundance and ran in the fields.

Daily Watch is a time of solitary meditation, each person trying to be aware of the presence of the Almighty, hearing God's Word, reflecting upon that Word, and responding to it by writing, drawing, and praying. Find a comfortable spot to sit, where no one else can be seen. Give your Daily Watch ample time, at least one hour if possible.

Each Daily Watch consists of three activities:

+Begin with a few minutes of being very still, in order to quiet your whole being. Try not to think or pray about anything. Listen, so as to receive any ideas or concerns God may place before you. Then, say very slowly, "In the Name of the Father, and of the Son, and of the Holy Spirit. Amen."

+Devote time to meditation: Reading, thinking, reflecting. Read over the day's biblical passage and Lord's Prayer petition at least three times. Read very slowly, the last time speaking the words aloud. Make notes of words or phrases which seem important to you. In your journal, list three ideas or feelings which came to mind while reading and reflecting. Then use another page or two to write a poem, make a sketch, or drawing a picture that expresses one of those three ideas.

+Using that same idea, write a prayer at least three sentences long, sharing what you heard God say, and how you can respond to it. Pray your prayer every slowly. Then reflect quietly until your leader calls you together again.

ALL CREATURES OF OUR GOD AND KING

All creatures of our God and King, Lift up your voice
with us and sing: Alleluia! Alleluia!
O burning sun with golden beam and silver moon
with softer gleam:

Oh, praise Him! Oh, praise Him! Alleluia, alleluia,
alleluia!

O rushing wind and breezes soft, O clouds that ride
the winds aloft: Oh, praise Him! Alleluia!
O rising morn, in praise rejoice, O lights of eve-
ning, find a voice. O praise Him...

O flowing waters, pure and clear, Make music for your
Lord to hear. O praise Him! Alleluia!
O fire so masterful and bright, Providing us
with warmth and light, O praise Him...

Dear mother earth, who day by day unfolds rich
blessings on our way, Oh, Praise Him! Alleluia!
The fruits and flowers that verdant grow, Let them His
praise abundant show. O praise Him...

Let all things their Creator bless
And worship God in humbleness.
Oh, praise Him! Alleluia!
Oh, praise the Father, praise the Son,
And praise the Spirit, Three in one,
O praise Him...

READING OF INDIAN STATEMENT

In our (American) society as a whole we conceive
of the land in terms of ownership and use. It is
a lifeless medium of exchange; it has for most of
us, I suspect, no more spirituality than has an
automobile, say, or a refrigerator. And our laws
confirm us on this view, for we can buy and sell
the land, we can exclude each other from it, and
in the context of ownership we can use it as we
will. Ownership implies use, and use implies con-
sumption. But this way of thinking of the land is
alien to the Indian. His cultural intelligence is
opposed to these concepts, indeed, for him they
are all but inconceivable quantities. These
fundamental distinction is easier to understand
with respect to ownership than to use, perhaps.
For obviously the Indian does use, and has always
used, the land and the available resources in it.
The point is that use does not indicate in any
real way his idea of the land. "Use" is neither
his word nor his idea. As an Indian I think:
"You say that I use the land, and I reply, yes,
it is true; but it is not the first truth. The
first truth is that I love the land; I see
that it is beautiful; I delight in it: I am
alive in it."

WORSHIP THE LORD

Retrain: Worship the Lord, (echo)
Worship the Father, the Spirit, the Son
Raising our hands, (echo)
In devotion to Him who is one.

Raising our hands as a sign of rejoicing
And with our lips our togetherness voicing
Giving ourselves to a life of creativeness
Worship and work must be one. (Retrain)

Praying and training that we be a blessing
And by our workmanship daily expressing
We are committed to serving humanity
Worship and work must be one. (Retrain)

Called to be partners with God in creation
Honoring Christ as the Lord of the nation
We must be ready for risk and for service
Worship and work must be one. (Retrain)

Bringing the bread and the wine to the table
Asking that we may be led and enabled
Truly united to find a new brotherhood
Worship and work must be one. (Retrain)

Now in response to the life thou are living
Help us O Father to offer our living
Seeking a just and healing society
Worship and work must be one. (Retrain)

WONDER-FUL WORLD

Retrain: Take care to wonder at the world through
which you wander.
Never hurry by an open door.
For you live in a universe full of miracles
galore!

Look for God in small things: Drops of rain or a
grain of sand.

Praise Him whenever you find him in anything small.
Look for God in bright things: Someone's eyes or
the skies at noon.

Praise Him whenever you find Him in anything bright.
Look for God in black things: Storms at dusk or a
brother's skin.

Praise Him whenever you find Him in anything black.
Look for God in weak things: New born deer or a
fearful child.

Praise Him whenever you find Him in anything weak.
Look for God in wet things: Dewy grass or a glass
of wine.

Praise Him whenever you find Him in anything wet.

Refrain: I will sing all my life to the Lord:
 I will sing to Him as long as I live;
 When my song His presence enters,
 I'll rejoice in the Lord
 Bless the Lord, O my soul, praise the Lord.

1. O Lord, our God how great you are indeed,
 You're clothed with majesty and power,
 You hide yourself behind your robe of light
 Call all you make your messengers. So... Refrain

2. The earth you 'stablished firmly on its base,
 You shape the world, cause chaos cease.
 You call it good and grant all things their worth
 You set its bounds, give things their place.
 So... Refrain

3. Water for the trees, and the trees for the nest
 And a place for the birds to sing their songs,
 Water in the valley between the hills
 For the beasts of the wild to quench their thirst
 4. Water from heav'n to make plants grow
 For the cattle in the field and for men to toil.

5. Water for the vine, and the vine for the grape
 And the grape for the wine to make us glad.
 6. Water from the earth for the olive tree
 For the oil that makes our faces shine.

7. Water for the wheat that gives us flour
 For the bread we bake to give us strength
 So... Refrain

9. You made the moon to mark the year in months,
 The sun to set the time of day,
 The night so animals can stalk their prey,
 And light so men can toil and play;
 So... Refrain

10. Lord, You've made so many things, wisdom You have
 shown;
 Countless creatures, large and small, land and ocean
 roam.
 Ships set sail upon the sea, fish do play therein
 And the monsters frolic there, for your sport intend.
 So... Refrain

11. Creatures all rely on You, sustenance to give;
 What is needed You provide, so that all can live.
 When You hold Your breath from them, all things fall
 and die.
 When You breathe, life You restore, give the earth
 new life. So... Refrain

12. All glory be to God forever.
 May He find joy in all His works.
 The earth does tremble when He looks at it:
 By His touch the mountains pour out smoke.
 So... Refrain