

LUTHERAN  
OUTDOOR  
MINISTRIES  
CENTER



*now?  
is Christ  
risen*

**1989 SUMMER CAMPS & PROGRAMS**  
**in Illinois and Eastern Missouri**  
youth • families • adults

Lutheran Outdoor Ministries Center  
Evangelical Lutheran Church in America  
P.O. Box 239 Oregon, Illinois 61061 815/732-2

*now ? is Christ risen*

You can't have camp without a campfire. The bright glow of flaming embers, the crackling of the burning wood, and the smoke billowing up or blowing in your face are a natural part of camp.

Many things happen around a campfire: funny skits, silly songs, serious moments, guitar-playing, storytelling, personal sharing, prayer, Bible reading, and preaching. The campfire can be the highlight of the day, and sometimes a special campfire is the highlight of the week at camp.

Regardless of what happens at a campfire, everyone leaves it with one thing in common. Do you know what it is? The smell of smoke on your clothes! What once were pieces of wood have been transformed into smoke. That smoke has touched you and its aroma lingers with you.

When Jesus rose from the dead, it became possible for Him to touch every one of our lives. Jesus' resurrection is not something that happened a long time ago and will affect us only when we die. The risen Christ is risen NOW! He is close to us and saturates our lives like the smoke from a campfire.

As a constant presence Jesus walks with us through life letting us raise our doubts and work with our fears. He enables us to know love and forgiveness and to express love and forgiveness. He helps us set our priorities. NOW He is risen!

Why the interrobang ? after "now"? The interrobang is a combination of a question mark and exclamation point. As Christians, we affirm the presence of Jesus in our midst (!), and we sometimes wonder and doubt (?). We live with confidence in the risen Christ (!), and there are times we are not sure (?). We discover in Jesus' relationship with us that we can feel both ways and often at the same time. He supports us, even when we feel ambiguous.

This summer is a time we can again be saturated with the smoke from the campfire and the presence of the risen Christ. Hopefully others will notice where we have been because we not only carry around the scent of burning wood but also bear the aroma of the risen Christ into the world.

**Camp Activities for Everyone**

Each experience and activity of youth camp and family & adult program based on the Program Theme, "Now Christ Risen." Activities are designed age levels of the participants. Camp programs are described on pages 4-

Each day a different Biblical idea presented in Worship and Bible Studying Experiences.

Your fees include nearly everything

- Bible Studies**
- Worship**
- Arts & Crafts**
- Swimming**
- Outdoor Recreation**
- Specialized Activities or Instruct for the specific program**
- Campfires & Singing**
- Nature Experiences**
- 3 Meals a Day**
- Evening Snacks**
- Health Services**
- Lodging**
- Skilled & Trained Leaders**
- Transportation for designated off-site activities**

Youth campers can purchase clothing and novelty articles in the LOMC when their parents/guardians are present at check-in and departure.

**About LOMC**

Lutheran Outdoor Ministries Center is a ministry of the Central/Southern Illinois, Metropolitan Chicago, Missouri/Kansas, and Northern Illinois Synods of the Evangelical Lutheran Church in America (ELCA).

Throughout the year, LOMC conducts programs for and with people of all ages at its Oregon, Illinois site and other locations in central/southern Illinois and eastern Missouri.

With its camp and retreat facilities, trained staff, and 650 acres of hills, prairie, pond, and forests, people find the LOMC site a beautiful place to learn and grow with others in their faith. LOMC facilities are available for groups to rent throughout the year.

*The purpose of LOMC is to be the Church in outdoor settings, nurturing Christian faith and providing experiences connecting the Word of God with the World of God.*

(LOMC Mission Statement)

"The Food Distribution Program is available to all eligible participants without regard to race, national origin, color, sex, or handicap. Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C."

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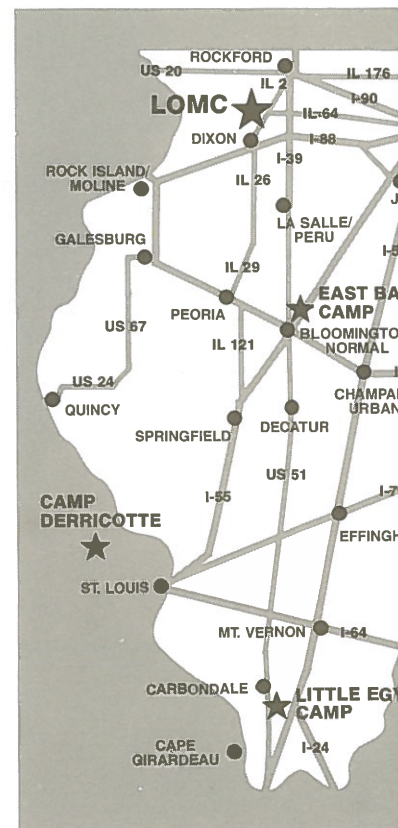
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**LOMC'S Location**

LOMC is located two miles south of Oregon, Illinois on Illinois Route 2. The town of Oregon is at the intersection of Illinois Routes 64 and 2, about 30 miles southwest of Rockford and 15 miles northeast of Dixon. Driving time to LOMC is about 1.5 hours from Chicago and the Quad-Cities, 2 hours from Peoria, 3 hours from Champaign, and 5 hours from St. Louis.

LOMC staff are also working with area pastors at East Bay Bible Camp (near Bloomington/Normal, IL), Little Egypt Lutheran Bible Camp (near Carbondale, IL), and the St. Louis Area Confirmation Camp (near Troy, MO).





# GENERAL INFORMATION

Youth, Family & Adult Programs based in Oregon, IL

## Staff

The camp staff is composed of well-prepared college-age leaders, pastors, supervisory staff, support staff, and adult volunteers. They are under the leadership of Pr. John E. Swanson (Executive Director and Certified Camp Director) and Mr. Glenn C. Oswald (Program Director and Certified Associate in Ministry).

## Meals & Lodging

Three well-rounded meals and an evening snack are provided daily. Campers and guests sit with others in their group and are served family style. Menus are approved by the LOMC Food Service Manager in conjunction with a certified dietitian.

Lodging for participants corresponds with the type of program in which they are registered: air-conditioned retreat houses, platform tents with bunks, or frame tents. LOMC staff sleep in the same facilities with youth campers. (See the descriptions on pages 4-6.)

## Health & Safety

Medical services are available 24 hours a day. There is a camp nurse and most LOMC staff are certified in first aid.

You and/or your child can help maintain the healthy and safe environment at LOMC by following rules set for these purposes, such as those related to swimming and boating. Some programs require the campers to provide their own personal safety equipment (see footnote on page 5).

LOMC's health and accident supplementary insurance covers all campers and is intended to pay the expenses for short term treatment of illness and accident. More information is given with confirmation of your registration.

## Financial Assistance Available

Do not let the lack of money prevent you and/or your child from attending LOMC this summer! Many congregations provide financial assistance through "camperships." Contact your pastor for details.

LOMC has a limited number of camperships. Inquiries are welcome. Please first channel your request for assistance through your pastor before calling Pr. Swanson at LOMC.

The full deposit must accompany the registration form regardless of who provides the campership.

If you wish to help someone go to camp, donations for camperships can be made to your home congregation or to LOMC.

## Friday Night Festival

Friday Night Festival is a great way for the resident youth campers to "show-off" to their parents what they have done during their week at LOMC. Parents and their guests are invited for supper at 6:00 p.m. and then join their campers for the Festival program at 7:00 p.m. Supper reservations are necessary and are made and paid for on the day parents bring their child to camp.

(There are no Festivals for Voyageur, Theater Arts II and all Trip Camps.)

## Summer Camp For Youth With Disabilities

LOMC provides residential camping opportunities for grades 4-12 youth with disabilities in a mainstreamed situation.

If you are interested in the camp programs that can serve youth with disabilities, first request an intake interview with Pr. Jack Swanson before registering. This interview evaluates the opportunities available for your child.

LOMC serves youth who can be mainstreamed, dress and feed themselves, are toilet trained, and have an attention span which allows some group discussion. Blind, deaf, non-ambulatory, learning disabled, and EMH youth are potential campers.

# SUMMER AT A GLANCE

Youth Resident and Trip Camp descriptions are on pages 4-6.  
Family and Adult Program descriptions are on page 6.

Dates	RESIDENT YOUTH CAMPS	Grad Enteri
June 11-13	Early Ventures	1-3
June 11-16	Discoverer Sailing I	4-7 6-9
June 18-23	Fishing I Explorer	5-7 5-8
June 18-28	Voyageur	5-9
June 18-30	Leader-In-Training	10-1
June 25-30	Discoverer Theater Arts I	4-7 6-9
June 25-July 5	Theater Arts II Tour	9-1
July 2-7	Sports I Venture I Equestrian—Beginner Explorer Explorer Plus Visual Arts	4-6 4-6 5-8 5-8 5-8 6-1
July 9-14	Swimming I Discoverer Junior Choir Venture Plus Equestrian: Intermediate Sailing I Golf	4-6 4-7 4-8 5-8 6-9 6-9 6-1
July 16-21	Equestrian: Beginner Explorer Explorer Plus Swimming II Sports II Swing Choir (girls) Sports III	5-8 5-8 5-8 5-9 6-9 6-9 9-1
July 23-28	Discoverer Fishing II Venture Plus Equestrian: Intermediate Tennis I Swing Choir	4-7 5-8 5-8 6-9 6-9 7-1
July 30-August 1	Early Ventures	1-3
July 30-August 4	Sports I Explorer Venture Plus Cycling Equestrian: Advanced	4-6 5-8 5-8 6-9 9-1
August 2-4	Early Ventures	1-3
August 6-8	Early Ventures	1-3
August 6-11	Venture I Junior High Outpost Sailing I Tennis II Senior High Challenge	4-6 6-8 6-9 7-1 9-1
August 6-16	Voyageur	5-9
August 9-11	Early Ventures	1-3
June 14-20	Spelunking (east central MO)	7-1
June 25-July 1	Sailing II (north central WI)	9-1
July 5-11	St. Croix Canoe (northwest WI)	9-1
July 16-22	St. Croix Canoe (northwest WI)	7-1
July 26-August 1	Northern Wisconsin Plunge	7-1
August 6-12	Bike Tour (southwest WI)	9-1
June 18-23	St. Louis Area Confirmation Camp (near Troy, MO)	8-9
July 16-22	East Bay Bible Camp (near Bloomington/Normal, IL)	1-1
July 23-28	Little Egypt Lutheran Bible Camp (near Carbondale, IL)	4-8
*To register for these camps, see the special information on page 6. Do not register through LOMC.		
July 2-8	<b>FAMILY &amp; ADULT PROGRAMS</b> Family Camp Week at LOMC	
July 7-9	Family Weekend Campout (tent or trailer)	
July 15	Senior Citizens' One-Day Retreat	
July 28-30	Single Adults' Retreat	
August 6-12	Family Campout Week at Devil's Lake State Park	

## Additional Information

If you need help in deciding which is the best camp for your child, contact Glenn Oswald, Program Director. Information about registration is available from Joy Mason, Registrar.

Please write to them at LOMC or call them at 815/732-2220 between 9:00 a.m. and 2:00 p.m. on weekdays.

# YOUTH CAMPS

Please use the Registration form on page 7.

## FINE ARTS

Do you have a flair for the creative? Music? Art? Drama? If so, then consider one of the Fine Arts camps. You are involved in a variety of experiences that help you explore and express your talents, creativity and interests. The worship life of the church is the backdrop for these camps.

You live in an air-conditioned retreat house. Each day you receive instruction from a professional director.



**Junior Choir**  
Gr. 4-8  
July 9-14  
\$136.00

Don't save your best singing for solos in the shower! Spend a week at LOMC, air out those vocal chords under the guidance of a caring director and maybe even learn how to play handbells. In addition to the usual daily camp activities, you'll have fun learning and rehearsing music for the exciting Friday Night Concert.

Dan Leimberer directs your choir. He leads the Luther Memorial Church Choirs in Chicago and is returning to LOMC for his ninth summer.



**Swing Choir**  
Gr. 6-9 (girls), July 16-21  
Gr. 7-11 (coed), July 23-28  
\$156.00

If you enjoy combining upbeat, "jazzy" songs with dance, then one of the popular Swing Choir camps is for you. Two daily rehearsals help you get the notes and moves down as your choir pulls together for a stimulating concert at Friday Night Festival. Choir members receive a personalized Swing Choir t-shirt.

Ellen Schroll directs a mini-musical for the July 16 session. This session is especially for the first timer. Ellen is the Minister of Music at Shepherd of the Hill Lutheran Church, Lockport, IL. Bring your musical instrument if you have one.

Elaine Smiley directs the July 23 session with more advanced music and choreography. Elaine is returning to LOMC for her fourth year. She is the Director of Choral Music at Waunakee (WI) High School.



**Theater Arts I:** Gr. 6-9  
June 25-30, \$135.00  
**Theater Arts II Tour:** Gr. 9-12  
June 25-July 5, \$173.00

You are a star in a Theatre Arts camp! Set design, acting, dance, make-up, clowning, costuming, and pantomime are all part of these camps as you prepare for public performances.

**Theater Arts I** campers have fun in learning the basics and getting ready for their Friday Night Festival show.

**Theater Arts II** campers discover the joy, creativity, craziness, and hard work involved in being an acting troupe that goes "on-the-road." From Friday night through Tuesday you are on tour in northwestern Illinois. You must have attended at least one LOMC Theater Arts camp before this summer or have had significant experience in theater arts.

Sue Blair from Moline, IL returns for her fourth year to direct both of these camps. She has acted in and directed New York and Chicago productions.



**Visual Arts**  
Gr. 6-10  
July 2-7  
\$130.00

Whether you are "into" drawing, painting, sculpting, or just plain doodling, Visual Arts camp can provide you, the young artist, with the chance to refine artistic abilities with the help of an experienced instructor. You explore various mediums and increase your observation skills in preparation for your very own art show at Friday Night Festival.

Lynn Heth is the instructor. She is an art teacher at Park Junior High School in LaGrange Park, IL.

## OUTDOOR LIVING

Canoe the scenic Rock River — Fish in country waters — Cycle on rural roads — Cook over an open fire — Hike to the backcountry of Castle Rock State Park and LOMC — Learn or fine-tune your outdoor living skills. You enjoy these types of back-to-nature adventures as you have fun cooperating with your fellow campers and God's creation.

You sleep amidst the beauties of nature in a rainproof and screened tent. Some campers stay in platform tents with bunks, called "hogan", and others stay in frame tents with floors. Your group learns how to prepare at least one meal a day outdoors.



**Discoverer**  
Gr. 4-7  
June 11-16, June 25-30,  
July 9-14, & July 23-28  
\$124.00

Ever imagine what it must have been like to be a pioneer? You can find out at Discoverer Camp. From finding the nest of a red-tailed hawk to making your own blackberry jam from hand-picked berries to controlling a canoe on a half-day trip down the Rock River, you'll discover what fun it is to live outdoors.



**Fishing I:** Gr. 5-7,  
June 18-23, \$124.00  
**Fishing II\*:** Gr. 5-8  
July 23-28, \$134.00

Got the urge to wet a line? Then c'mon, let's go fishin'! You live near Paul's Pond at LOMC so you can rise early to catch the big ones. Bring along your own fishing gear and lucky hat.

**Fishing I** is for you if you are inexperienced and want to learn the basic "how-to's" (baits, casting and lures) while you fish in nearby country waters.

Choose **Fishing II** if you already know the basics and want to advance to bottom fishing, filleting, cooking, and want to fish in a variety of waters. You go in search of "lunkers" on a three-day trip to Morrison/Rockwood State Park near Morrison, IL.



**Explorer:** Gr. 5-8, \$124.00  
June 18-23, July 2-7, July  
16-21, & July 30-August 4  
**Explorer Plus\*:** Gr. 5-8  
\$147.00, July 2-7 & July 16-21

Explorer takes you one step beyond Discoverer Camp. Your week of true exploration is in the ravines of LOMC, in the hills of Castle Rock State Park, and on the islands of the Rock River. You take the popular overnight river canoe trip and improve your outdoor living skills such as following a map and compass and cooking special meals over a fire.

If you also want two one-hour horse rides, then choose Explorer Plus.



**Voyageur**  
Gr. 5-9  
June 18-28 & August 6-16  
\$230.00

For a full ten days you put your camping skills to the test with the support of an outdoor leader. Much like the voyageurs of old (fur traders), you journey into the backcountry stretches of LOMC (where you live in tents) and Castle Rock State Park. A highlight of your stay is a three-day canoe trip on the Rock River.



**Junior High Outpost**  
Gr. 6-8  
August 6-11  
\$124.00

If you are a junior high person, then Outpost is geared just for you. During this exhilarating week you learn new adventure skills in the out-of-the-ordinary while canoeing for two days and cross-country hiking. You share in the planning of your group activities.



**Cycling\***  
Grades 6-9  
July 30-August 4  
\$129.00

If you're looking to do some "breaking" this summer, then come cycle the quiet, country roads around LOMC! You learn bicycle safety and care while biking 5-20 miles daily. You develop your camping skills for two overnight cycling trips. You need to bring your own speed bike, saddle bags, and safety helmet.

David Schulte is your cycling specialist. Dave, a triathlete and avid bicyclist, is a member of Luther Memorial Church in Chicago.



**Sailing I\***  
Gr. 6-9  
June 11-16 & July 9-14  
\$150.00

Are you intrigued by the thought of rowing across the water with nothing to carry you but the dream and the wind? Start fulfilling that dream and come to Sailing I. You learn the basics of sailing, first on the LOMC pond, then during a three-day trip to Pierce Leavelle Rock Cut State Park near Rockford, IL.



**Senior High Challenge**  
Gr. 9-12  
August 6-11  
\$136.00

Looking for a challenge with other teenagers? Experience you share in the selection of outdoor challenges, such as an extended canoeing, fast-river canoeing, and overnight backpack. This horizon-stretching adventure enables you to explore self-confidence and group cooperation; develop functional outdoor adventure skills; and investigate rural communities.

## SPECIALTY

Your week as a "specialty" camper is with an exciting variety of experiences and ties in which you explore your interests in a supportive setting. You get a taste of most things LOMC has to offer in the summer so the future you can knowledgeably choose your camps in which you'd like to specialize.

Early Ventures, Venture I and Venture II campers live in an air-conditioned retreat and Leader-In-Training campers live in hogan tents.



**Early Ventures:** Gr. 1-3  
June 11-13, July 30-  
August 1, August 2-4,  
August 6-8, & August 9  
\$53.00

You're young, curious, and ready-to-go? You can go to Early Ventures, the program for early elementary children. You get special attention in a small group of campers as you try many exciting things like swimming, canoeing, crafts, games, and campfires. You live in a retreat house with your leader.

If you would like to stay for one full week, you may do so for the July 30 & August 2 & August 6 & 9 sessions. See the information "Two-Session Stays" on page 7 for detail.





**Venture I:** Gr. 4-6, \$124.00  
July 2-7 & August 6-11  
**Venture Plus\*:** Gr. 5-8  
\$147.00, July 9-14, July 23-28,  
& July 30-August 4

Are you having a little trouble deciding which camp to attend because this is your first time? Then you'll like a Venture Camp which introduced newcomers to a wide variety of camp activities such as hiking, swimming, crafts, recreation, and, if you like, an overnight campout under starry skies. These camps are especially for younger children.

So what is the "plus" all about? You also take two one-hour horseback trail rides during the week in Venture Plus.



**Leader-In-Training**  
Gr. 10-12  
June 18-30  
\$210.00

Are you looking for adventure? . . . an experience that sharpens your leadership skills? . . . living in a close-knit community? Then this special two-week program is for you! You are trained to be an LOMC Small Group Leader (after high school graduation) by becoming familiar with LOMC and learning how to live in the outdoors, lead Bible studies and direct recreation. Upon successful completion of this camp, you qualify to voluntarily assist an LOMC SGL later in the summer.

## — SPORTS & RECREATION —

Expertise is not required — you need only possess a basic desire to have fun and to improve your athletic skills. As you live and play with fellow campers, enjoying a week filled with a wide range of experiences, you learn what it means to be a sports-minded Christian.

Your home for the week is an air-conditioned retreat house.



**Sports I:** Gr. 4-6  
July 2-7 & July 30-August 4  
**Sports II:** Gr. 6-9,  
July 16-21  
**Sports III:** Gr. 9-12  
July 16-21  
\$126.00 (all levels)

What would LOMC have to offer an all-round, sports-minded enthusiast like yourself? Softball? Basketball? Soccer? Swimming? Volleyball? How about all these and more? Look no further if you enjoy learning and playing new and familiar team and individual sports.

Choose **Sports I** if you want to improve your basic skills and coordination. You have friendly sports-play, too.

**Sports II** is best if you want to compete in a number of events and fine-tune specific skills and coordination.

Come to **Sports III** if you enjoy sports training, expanding your abilities and competition. You gain a special understanding of what it means to be a Christian competitor.



**Swimming I:** Gr. 4-6  
July 9-14  
**Swimming II:** Gr. 5-9  
July 16-21  
\$127.00 (both levels)

Let's get wet this summer! You are taught how to swim or improve your swimming skills by the LOMC Water Safety Instructor and receive a swimming proficiency card from the Red Cross, awarded at the Friday Night Festival.

**Swimming I** is for you if you are either a non-swimmer or beginner. Special games and activities make your swimming instruction fun.

**Swimming II** is geared for you if you can swim two different strokes 50 yards each, do a forward dive, are looking to improve your skills, and want some competition. There is also a swim meet at Friday Night Festival.



**Equestrian: Beginner\***  
Gr. 5-8, July 2-7 & July 16-21  
**Equestrian: Intermediate\***  
Gr. 6-9, July 9-14 & July 23-28  
**Equestrian: Advanced\***  
Gr. 9-12, July 30-August 4  
\$242.00 (all levels)

Bring your riding boots, partner, saddle up and head out for Equestrian Camp! You are introduced to "your" horse and learn how to take care of it and ride (Western instruction) under the skilled supervision of White Pines Ranch instructors. Daily you get about four hours of riding and instruction in preparation for your Friday Night Festival Rodeo.

Come to **Beginner** if you're just starting out and want to learn the basics.

Choose **Intermediate** if you've been to Equestrian Camp before or possess basic horse care and riding skills.

**Advanced** is for you if you've been to two previous Equestrian Camps and are ready for the ultimate Equestrian Camp.



**Tennis I:** Gr. 6-9,  
July 23-28  
**Tennis II:** Gr. 7-11  
August 6-11  
\$136.00 (both levels)

At LOMC you don't need to fear being matched up against the likes of Borg or Navratilova. Bring your own racket, get instruction and have friendly competition with others in your skill/ability level. You are brought daily to the local tennis courts where you'll also meet your parents for the Friday Night Festival Tournament.

**Tennis I** is your game if you are just beginning to learn this sport and want to get basic instruction in how to play, grip and serve as well as getting in some playing time.

Choose **Tennis II** if you already possess basic tennis skills and desire more advanced instruction and competition.



**Golf**  
Gr. 6-10  
July 9-14  
\$142.00

On a local golf course you practice your skill at getting that little white ball in the hole. LOMC provides you with excellent instruction and actual play. Just bring your own clubs and balls and we'll see you on the links.

Tracy Djerf, a teacher and Golf Coach at Joliet West (IL) High School, returns for her second year as the LOMC golf instructor.

## — TRIPS —

High adventure, unforgettable places, new skills, Christian growth, and special friends are all integral parts of these exciting trips. You need only be willing to learn, in sound physical condition and — for Sailing II and St. Croix Canoe — be a swimmer. You need not be a masterful trekker.

You cook your meals outdoors and sleep in a tent. LOMC provides the experienced guides, tents, food, group equipment that sustain these outdoor "plunges," and transportation between LOMC and the trip destination. You need to bring personal gear and money for on-the-road meals. Together, we make it happen!

*Please note the early registration deadlines stated in each trip description.*



**Northern Wisconsin Plunge**  
Gr. 7-10  
July 26-August 1  
\$136.00

When you think of the Plunge Trip, don't only of a dip in a clear country stream or cing in the beautiful northwoods. Think of que experience in which you'll "plunge" Native American life and a one-day white rafting trip. Your hosts are the people c Lutheran Church of the Wilderness near Br WI on the Stockbridge-Munsee Reservatio  
*The registration deadline is June 15.*



**Spelunking**  
Gr. 7-10  
June 14-20  
\$150.00

In case you are wondering, "spelunk means "cave exploring." That is exactly wh do on this exciting caving adventure at Mer State Park, MO. You learn about caves climb, crawl, or canoe into — and out several primitive and incredibly beautiful c You'll need to provide your own grubby cl and several sources of light.

*The registration deadline is May 15.*



**St. Croix River Canoe\***  
Gr. 7-10: July 16-22  
Gr. 9-12: July 5-11  
\$163.00 (both trips)

Looking for a "cool summer thrill"? Yo beckoned by the clear-running Namekagon in the St. Croix National Scenic Waterway great week of canoeing safe and easy r sliding down a sand dune, swimming in kling cool waters, and observing some fan wildlife. Your base camp is Luther Park, lo near Danbury, WI.

*The registration deadline for both tr June 1.*



**Bike Tour\***  
Gr. 9-12  
August 6-12  
\$142.00

Have bike, will travel! Come along on thi into the picturesque hills and valleys of i western Illinois and southwestern Wisco You'll travel 25-50 miles each day with stc parks and an inn in historic Galena to c swim and unwind.

*The registration deadline is July 1.*



**Sailing II\***  
Gr. 9-12  
July  
\$200.00

Ever try a windsurfer? . . . a 16' O'Day? catamaran? If you have been to a Sailing I ( or are able to tack, run, reach, and sail a S solo under any weather conditions, then yo enjoy this week on the lake at Waypost Lutl Camp near Wausau, WI. You get more advc instruction in a variety of sailing craft incl windsurfer, catamaran and Sunfish. Your "l port" is on the sandy beach at Waypost ( where you stay in tents.

*The registration deadline is May 15.*

\*In order to help insure their safety, campers in cert grams must bring their own personal safety equipn possess certain skills.

All Equestrian, Explorer Plus and Venture Plus camp; to bring riding boots or shoes that 1) have a firm, harc ing, i.e., leather, and 2) a heel which prevents the bo sliding too deeply into the stirrup. These features prote feet. You will be required to wear a riding helmet to prote head. If you own one, please bring it with you; otherwise will provide one for you.

Cycling and Bike Tour campers should provide th safety helmet, a ten-speed bicycle in good working orc bike rack, and panniers ("saddlebags").

Fishing II, Sailing I, Sailing II and St. Croix Canoe c must pass a swimming test that demonstrates they ca 50 yards and tread water for 10 minutes without a f device.



# FAMILY & ADULT PROGRAMS

Please use the Family & Adult Registration on page 8.

Grow together at LOMC with your family and/or other adults! Both week-long and week-end programs include: Bible studies, worship, swimming, fellowship, nature experiences, crafts, and campfires. In family programs, parents and children have time together and other times when the children are cared for by LOMC staff. Family programs are a good introduction to LOMC and the outdoors for young children. All experiences are based on the theme, "Now Is Christ Risen" as described on page 2.



## Family Camp Week at LOMC

July 2-8

Leader: Pr. Jack Swanson

Family Christian growth experiences, a river canoe trip, special outdoor feasts, and sailing contribute to your fun-filled and fulfilling week. Pr. Jack Swanson, LOMC Executive Director, is the leader.

You may choose your lodging in an air-conditioned retreat house or in the Tent & Trailer Campground (bring your own camping gear). An LOMC tent may be rented and electric hookup is available. The week begins with check-in on Sunday afternoon and ends Saturday morning.

Fees:	1st adult	2nd adult & youth	Ages 3-7
Retreat House . . .			
& all meals	\$124.00	\$96.50	\$47.25
Tent/Trailer . . .			
& all meals	89.75	71.75	37.50
& any 6 meals	41.00	35.25	19.50
& any 3 meals	30.50	23.00	17.75

There are no charges for children under age 3.



## Family Weekend Campout at LOMC Campground

July 7-9

Leaders: LOMC Staff

If a Family Camp Week is too long, then come for a weekend! Your family grows in faith through Bible study and recreational experiences. Take a river canoe "cruise," go for a hike, or relax by the pool in the afternoon sun.

Your weekend "home" is in the Tent & Trailer Campground near a shelter and hot showers (bring your own camping gear). Electric hookup

and tent rentals are also available. Activities begin Friday evening and end Sunday afternoon.

Fees:	
Campsite & Program—	\$12.00/family 16.00/family w/hookup 4.00 for adult & youth 3.25 for ages 8-11 1.75 for ages 3-7 n/c for under age 3
Sunday Brunch— (optional)	



## Senior Citizens' One-Day Retreat

July 15

Leaders: LOMC Staff

There is so much for seniors to enjoy during the summer at LOMC! LOMC staff will guide you in studying meanings of Christ's resurrection and other activities.

The air-conditioned dining hall is your "home base." You can choose to enjoy a swim in the pool, a casual guided nature hike on LOMC's easy trails, a craft project, or canoeing on the pond.

The fee of \$12.00/person includes lunch, supper, activities, and program leadership. The day begins at 10:00 a.m. and ends by 6:30 p.m.



## Family Campout Week at Devil's Lake State Park

August 6-12

Leader: Pr. Jack Swanson

The towering bluffs and sparkling waters of Devil's Lake State Park in the Baraboo Range of southern Wisconsin are the setting for your campsite. Family Bible study/learning experiences, sailing, hiking, and fishing highlight your week.

Your family stays in a private group campsite reserved exclusively for LOMC. The program goes from Sunday afternoon to Saturday morning, but you may arrive or depart when it is convenient for you.

There are many activity options that your family may choose: antiquing, Wisconsin Dells amusements, ferry trip, cycling, golf, and sailing are but a few. When you arrive the families will decide on their activity choices.

The fee is \$44.00/family plus \$2.00/person/night and any charges for the activity options. You need to provide your own camping gear (tents only), meals and park auto permit. *Registration deadline is July 1.*



## Single Adults' Retreat at LOMC

July 28-30

Leader: Pr. Linnea Gustafs

Are you a single adult who wants renewal, refreshment? . . . fellowship? At this retreat you can grow in your faith, take a leisurely river canoe trip, relax by the pool, hike, make crafts, or do nothing in the afternoon sun. Your retreat leaders are Pr. Linnea Gustafson of Sherrill and other LOMC staff.

You are lodged in an air-conditioned retreat house and enjoy meals prepared in the LOMC Kitchen. The program begins Friday evening 9:00 p.m. and ends after Sunday noon brunch. The \$42.00 fee includes meals, lodging, program. Bed and bath linens may also be rented.

## — Weekend Opportunities

Summer weekend opportunities for your group are great at LOMC! Here are just a few of the many possibilities:

- Recreation, Swimming, Canoeing
- Air-Conditioned Retreat Facilities
- Rock River Canoe Trips
- Church Picnic Facilities
- Tent & Trailer Campground

Overnight retreat accommodations are available in air-conditioned retreat houses and trailers (platform tents with bunks) with in-bathrooms and hot showers.

Three Picnic Pavilions are open to church groups on the weekends. There is ample seating and tables for up to 200 guests.

The LOMC Campground provides a fine setting for your camping experience. See page 8 for more information.

By advance arrangement, LOMC staff lead activities such as hiking, river & canoeing, crafts, Bible studies, campfire sing-alongs, games & sports, and the Stress/Challenge Course. You are invited to Sunday worship 11:00 a.m. from mid-June through mid-August.

Contact LOMC for further details. Reservations are necessary and are honored on a first-come, first-served basis.

# YOUTH CAMPS IN EASTERN MISSOURI & SOUTH/CENTRAL ILLINOIS

Pastors in the St. Louis and southern and central Illinois areas are working together with the LOMC staff to provide some great times! Each of these camp programs has Bible study/learning experiences, swimming, boating, outdoor recreation, hiking, crafts, worship, and campfires.

In order to register, contact the people below. Please do not register with LOMC.



## St. Louis Area Confirmation Camp (eastern MO)

Gr. 8-9, June 18-23  
\$100.00

Confirmation classes in the St. Louis area can expect a great week of growth and recreation at Camp Derricotte in Cuivre River State Park near Troy, MO. Lodging is in newly remodeled cabins and all meals are provided.

Confirmation class groups and their pastor(s) or teacher(s) should register by May 1. To register, contact Pr. Alden Tormala, Faith Lutheran Church, 1610 S. Florissant Rd., St. Louis, MO 63121 or phone 314/521-0406.



## East Bay Bible Camp (central IL)

Gr. 1-11, July 16-22  
(contact registrar for fees)

Rustic cabins along the shores of Lake Bloomington are the backdrop of this event at East Bay Camp near Bloomington/Normal, IL. This camp has operated for a number of years with former ALC congregations but now is open to all ELCA youth in the area.

Individuals may register by contacting Katherine Heien, 328 E. 15th St., Gibson City, IL 60936 or call 217/784-5487. The registration deadline is July 7.



## Little Egypt Lutheran Bible Camp (southern IL)

Gr. 4-8, July 23-28  
(contact registrar for fees)

Your cabin overlooks the large lake at a United Methodist Camp at Little Grassy Carbondale, IL. Youth share together with personal contact of area pastors and lay leaders. A highlight of your week is spelunking (cave exploring).

The registration deadline is July 14. Individuals may register with Pr. Marlin Otte, Our Redeemer Lutheran Church, 1500 E. De Young, Carbondale, IL 62959, phone 618/993-5919 or 618/993-5920.

# YOUTH CAMP REGISTRATION NOTES

Resident & Trip Camps based at LOMC

## Registration and Payment

Summer camp registrations are accepted by mail only and the deposit must accompany the registration form on this page. Please do not send cash. Resident campers should register at least two weeks before the camp begins. Trip camps have early registration deadlines (see page 5). For the best choice, register soon.

Send the balance of the fee with the health form at least ten days prior to the camp session. This will expedite check in on the day of arrival.

Registration deposits cannot be refunded or transferred after June 1, 1989.

The grades for each camp are the grades that children are entering next fall.

## Roommate Requests

When two youth from the same congregation come to the same camp, they are usually assigned to room together if they are the same sex and age/grade.

Two campers may mutually submit each other's names provided they are the same sex and age/grade, in the same program, and that the request is made in advance, in writing, and attached to each child's Youth Registration.

## Confirmation of Registration

The confirmation of your registration is made by mail and includes:

- **Camper Health Form** — It is camp policy that all campers have a health history and examination form on file at LOMC and that it has been completed by a physician since September 1, 1987.
- **What to Bring** — A list of suggested clothing, bedding and other essentials helps the camper pack.
- **Parents' Information** — Concerns of the parents and campers are addressed in order to help them prepare for and enjoy the camper's time at LOMC.
- **Trip Itinerary** — Trip campers receive an itinerary of times and places.

## Two-Session Stays

It is recommended that campers return home between two consecutive sessions. Campers may be granted permission to stay between consecutive sessions if a request is made in writing well in advance. Only the Executive Director can grant requests. Circumstances may prevent the request from being granted.

The weekend rate is \$40.00/camper. The weekday rate for Early Ventures campers is \$20.00. Contact LOMC for further details.

## Arrival and Departure

When you check in on the first day, parents are asked if they plan to attend the Friday Night

Festival and to update their child's health history. They may visit the LOMC store and meet the camper's Small Group Leader.

If a child is to leave LOMC with someone other than the parent/guardian with whom s/he is registered, the parent/guardian is asked to complete a verification slip at arrival check in or send it in advance. Visitors are not permitted at camp sessions.

Campers are expected to depart from LOMC as indicated below. Exceptions will be granted for those who live great distances from LOMC. Written permission is requested in writing a two weeks prior to the camp session and given by the Executive Director.

## Resident Camps—

Arrival & Check-In: 2:00-4:00 p.m., Sundays.  
 Early Ventures: 2:00 p.m., June 11, July 30, August 2, August 6, & August 9  
 Departure: After Friday Night Festival  
 Early Venture sessions on June 11, July 30, August 6: after Tuesday Night Festival, 10:00 p.m.  
 Ten-Day Voyageur: 10:00 a.m., on the Wednesday of June 28 & August 16

## Trip Camps—

Arrival & Check-In: 2:00 p.m. of the first day  
 Departure: late afternoon of the last day — the departure time is noted in the Trip Itinerary  
*(continued on page 5)*

## 1989 YOUTH CAMP REGISTRATION

*Please print or type. Use one form for each camp and camper.*

Camper's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (A/C) \_\_\_\_\_ / \_\_\_\_\_  Check here if LOMC may call you collect if there are questions about this registration.

Congregation \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Pastor's Signature \_\_\_\_\_

Our child has permission to take part in all camp activities under LOMC supervision, including off-site activities. Pictures of our child may be used by LOMC for promotional purposes. Our child will also comply with the conditions for specified camps, namely: s/he will provide and wear his/her own riding boots for Equestrian, Explorer Plus and Venture Plus camps; s/he will provide and wear his/her own safety helmet for Cycling and Bike Tour camps; and s/he will be able to demonstrate s/he can swim 50 yards and tread water for 10 minutes for Fishing II, Sailing I, Sailing II and St. Croix Canoe camps (see footnote on page 5).

Parent's/Guardian's Signature \_\_\_\_\_

Also please print name \_\_\_\_\_

Grade camper enters in fall \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Sex \_\_\_\_\_ M \_\_\_\_\_ F

Camp & Dates desired \_\_\_\_\_ Camp \_\_\_\_\_ Dates \_\_\_\_\_

1st choice \_\_\_\_\_

2nd choice \_\_\_\_\_

Did the camper attend an LOMC camp last summer? \_\_\_\_\_ Yes \_\_\_\_\_ No

Will the camper be using the So. Illinois/St. Louis Van? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does the camper have any disabilities needing special attention by the LOMC staff? If yes, please explain on a separate piece of paper. \_\_\_\_\_ Yes \_\_\_\_\_ No

Check the deposit amount enclosed:

\_\_\_\_\_ \$45.00 for all \_\_\_\_\_ \$25.00 for all other \_\_\_\_\_ full camp fee:

Equestrian and Trip Camps Resident Camps \$ \_\_\_\_\_

office use only	
Camp Fee	\$ _____
So. Ill. Van	\$ _____
Camp Deposit	\$ _____
Other Credits	\$ _____
Other Credits	\$ _____
Balance Due	\$ _____
Cong. #	_____

Please return and make deposit check payable to: Lutheran Outdoor Ministries Center, P.O. Box 239, Oregon, IL 61061. Deposits cannot be refunded or transferred after June 1, 1989. Your registration will be confirmed and include a what-to-bring list, health form, arrival and departure times, and parents'/guardians' information.

## So. Illinois/St. Louis Van Reservation

*Please type or print.*

Check camp week:  
 \_\_\_\_\_ July 9 \_\_\_\_\_ Jul  
 \_\_\_\_\_ July 23 \_\_\_\_\_ Jul

Check type of trip:  
 \_\_\_\_\_ Round-Trip  
 \_\_\_\_\_ One-Way to LOMC  
 \_\_\_\_\_ One-Way return to LOMC

Camper's Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_

City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_

Phone A/C \_\_\_\_\_ / \_\_\_\_\_  
 Congregation \_\_\_\_\_

City \_\_\_\_\_  
 State \_\_\_\_\_

\* One-way only to LOMC  
 Enclose a \$10.00 deposit with the Van Reservation form, return to LOMC, P.O. Box 239, Oregon, IL 61061



# FAMILY & ADULT REGISTRATION NOTES

## 1989 FAMILY & ADULT SUMMER PROGRAM REGISTRATION

Please print or type. Use one form for each program and person/family.

Family's or Adult's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone (A/C) \_\_\_\_\_ / \_\_\_\_\_

Check here if LOMC may call you collect about questions on this registration.

Congregation \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Please give the name, sex and age of each participant. Use another sheet for additional names.

	Name	Sex	Age		Name	Sex	Age
1.	_____	_____	_____	2.	_____	_____	_____
3.	_____	_____	_____	4.	_____	_____	_____

Check the program to which you are coming, complete the information requested below it and attach the required deposit. Please check only one program per form.

**Family Weekend Campout, July 7-9**

- Deposit: \$2.00/person
- \_\_\_ Sunday Brunch
- \_\_\_ Tent rental
- \_\_\_ Electric hookup
- \_\_\_ River canoe trip

**Family Camp Week, July 2-8**

- Deposit: \$15.00/person
- Lodging/Meal Plan you desire (check one):
- \_\_\_ Retreat House & all meals
- \_\_\_ Campground & any 6 meals
- \_\_\_ Campground & any 3 meals
- \_\_\_ Tent rental
- \_\_\_ Electric hookup

**Single Adults' Retreat, July 28-30**

- Deposit: \$10.00/person
- \_\_\_ Bed & bath linen rental
- \_\_\_ River canoe trip
- \_\_\_ Roommate request: \_\_\_\_\_

**Family Campout Week at Devil's Lake State Park,**

Baraboo, WI, August 6-12

Deposit: \$44.00/family

Arrival: day \_\_\_\_\_ time \_\_\_\_\_ : \_\_\_\_\_ .m.

Departure: day \_\_\_\_\_ time \_\_\_\_\_ : \_\_\_\_\_ .m.

**Sr. Citizens' One-Day Retreat, July 15**

Deposit: \$4.00/person

office use only

Program \$ \_\_\_\_\_ Adults

Fees \$ \_\_\_\_\_ Youths

\$ \_\_\_\_\_ Children

\$ \_\_\_\_\_ Tent/Linens

\$ \_\_\_\_\_ Other

Total \$ \_\_\_\_\_

Program Deposit \$ \_\_\_\_\_

Other Credits \$ \_\_\_\_\_

Other Credits \$ \_\_\_\_\_

Balance Due \$ \_\_\_\_\_

Cong. # \_\_\_\_\_

Please return and make deposit che payable to: Lutheran Outdoor Ministri Center, P.O. Box 239, Oregon, IL 6106 Deposits cannot be transferred or refunded after June 1, 1989. Your registration will be confirmed and include program details.

**Registrations** are accepted by mail only and must include the deposit. Please use the registration form on this page.

**Deposits** cannot be transferred or refunded after June 1, 1989.

**Registration deadlines** for all programs, except the Family Campout Week, are two weeks prior to the beginning date. July 1, 1989 is the deadline for the Family Campout Week at Devil's Lake State Park.

**Confirmation of your registration** is sent to you with the following:

- **What to Bring** — a list of suggested clothing, bedding and other essentials
  - **What to Expect** — general information about the activities of the program
  - **Arrival and Departure** — dates and times
- All programs begin and end at LOMC, except the Family Campout Week for which families meet at and depart from the park.

**Lodging and/or meal plans** for each program are noted on page 6. Family campers must note which plan they want on the registration form.

A nylon A-frame tent (6.5'W x 7'L x 5.5'H) may be rented by **Family Week and Weekend** campers for an additional \$5.00/day. Electric hookup is available for an additional \$2.00/day/unit.

Bed and bath linens may be rented by **Single Adults' Retreat** participants for an additional \$4.25/person. These include towels, washcloth, bed sheets, pillowcase, pillow, and blanket.

### Youth Camp Registration Notes

(continued)

#### So. Illinois/St. Louis Van

**Locations & Times** — The van serves the St. Louis and southern, central and western Illinois areas. The van departs for LOMC from Carbondale at 6:00 a.m. Sunday and leaves LOMC early the following Saturday morning. The exact route and schedule of each trip is determined by actual reservations. Parents usually need to bring their children to a pick-up location within 60 miles of home. Detailed information is provided van users prior to the camp week.

Campers need to provide their own meal in transit. An LOMC staff person supervises the campers in the van.

**Dates** — Round trips are made on the weeks of July 9, 16 and 23. A one-way trip to LOMC is available on July 30.

**Reservation and Payment** — Fill out the Van Reservation and send it to LOMC with the \$10.00 deposit and the Youth Registration. The deposit is applied to the total fare and cannot be refunded after June 1, 1989. The balance of the fare is due with the balance of the camp fee.

**Fares** — Round-trip fare is \$32.00/person. One-way fare is \$20.00/person.

### LOMC Campground

You are welcome to come and enjoy the & Trailer Campground at LOMC's site in Oregon, IL. Your camping experience is enhanced by the beautiful location along Gale Creek. LOMC staff, activity options, the facilities nearby attractions. Groups, families and individuals can be accommodated.

The campground is open from May through October and only on weekends from mid- through mid-August. Parents may wish to schedule the Saturday night before or the Friday after their child is in a summer camp.

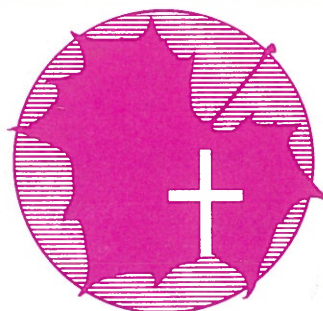
Sunday worship, canoeing, hiking, and sports are just some of the possible activities. The swimming pool is open from June through August and is included in your fee. Tent rental and electric hookup are also available.

**Family Rates:** \$6.00/day/unit without hookup  
8.00/day/unit with hookup  
.75/day/person for more than 5 people per unit

**Group Rates:** \$1.50/day/person without hookup  
1.75/day/person with hookup

**Tent Rental:** \$5.00/night (A-frame with floor; sleep 3-4 people; 6.5'W x 7'L x 5.5'H)

Advance reservations are necessary. Contact LOMC to receive reservation forms and detailed information about available services.



## AUTUMN FEST '89

October 15, 1989

Put this date on your calendar now and come for all-day fall celebration for people of all ages.

Autumn Fest includes choir and drama performances, runs, canoeing, nature walks, horseback rides, tours of LOMC, pumpkin carving, special worship, and a bratwurst meal.

Watch for more details in the August LOMC Newsletter.