LUTHERAN OUTDOOR MINISTRIES CENTER P.O. Box 239 Oregon, IL 61061 815/732-2220

RETREAT PROSPECTUS
prepared by
Pr. John E. Swanson

Title: The Risk of Discipleship

Intentions:

- 1. Inventory various risks one encounters in discipleship.
- 2. Review methods of risk management.
- 3. Identify Christian leadership as:
 - a. The art of cross bearing
 - b. Risk management
 - c. Trusting the Resurrected Christ
- 4. Reflect on excuses to avoid risks
- 5. Define the risks involved in:
 - a. Loving
 - b. For giving

Bible Passages:

Psalm 32 (The meaning of forgiveness)
Matthew 16:13-18 (Peter's affirmation of Jesus)
Luke 7:36-50 (Jesus teaches about forgiveness)
Luke 14:25-33 (Counting the cost of discipleship)
Luke 22:33-34, 54-62 (What is means to love Jesus)

John 3:16-17 (The little Gospel)

Romans 8:9-11 (The Spirit, the Christ, the risen Lord)

I Corinthians 15:3-8 (Christ's resurrection) Ephesians 1:3-10 (The fullness of time)

Activities:

Bible Study
Arts and Crafts
Discussion/Interpersonal Sharing
Tree Study
Story Telling
Cinquain

Overview:

Risks are a natural part of discipleship. They involve the family, friends, work, choices, income, etc. To think there are no risks in being a Christian is foolhardy. To imagine that we do not need to intentionally manage them is equally foolhardy. This retreat seeks to help people look at how risks are avoided, disciplship rejected, and the resurrection of Jesus denied on the one hand. On the other hand the is an opportunity to challenge people to take the risks of discipleship, manage the risks, and trust in the resurrected Christ in terms of the now of the Christian life.

NOW

LUTHERAN OUTDOOR MINISTRIES CENTER Oregon, Illinois

SENIOR ADULTS' RETREAT United Methodist Camp - Little Grassy September 11-12, 1994

THE RISK OF DISCIPLESHIP

	SUNDAY		MONDAY	
M O R N I N G			3:00 9:00	Breakfast Play "Invent an Animal" Bible Studies Excuses, Excuses The Risk of Love Recreational Activities
A F T E R N O	2:00 4:00 5:00	Recreational Activities Get Acquainted Closure Share Expectations Review Schedule	12:00 3:00	Lunch Closing Worship Departure
E V E N I G	7:00	Recreational Activities Bible Study - Risk of Discipleship Devotions - NOW! IS CHRIST RISEN Snacks		

DETAILS

Materials

Sunday

Get Acquainted with Names

Closure

Sharing of Expectations

Bible Study - Risk Taking of Discipleship

I. How to Run a Camp

A. When I was thinking about this retreat I was in the middle of writing the risk management program.

Newsprint Tape Magic Marker

Materials

- B. Knowing what you know, what would you say are some of the of the risks in running a camp? (List on newsprint)
- C. Show outline of and explain management responses:
 - 1. Avoidance
 - 2. Transfer Insurance Contract
 - 3. Retention Budget
 - Maintenance
 4. Reduction Inspection
 - Inventory
 Regulation & Enforcement
 Staff Development & Training
 Camper/Parent Information
 Lessee Information
- D. Review each of the risks and ask what method of management participants would use.

II. Bible Study - Being a Disciple

- A. Read Luke 14:25-33
- B. What does building a tower or waging a war illustrate?
- C. Divide into two groups and ask each group to list all the risks involved in:
 - 1. Groups 1 Building a tower
 - 2. Groups 2 Waging a war
- D. Ask groups to exchange lists.
 - 1. Review the list
 - 2. Comment how they would see managing the risks
 - 3. Remember: avoidance, transfer, retention, reduction
- E. Return to the large group and report observations.
- F. Look at the text again and ask What is the risk mentioned in the text? (Cross bearing)
- G. What does cross-bearing mean? (To take the risk of the cross, death, by sharing the promise of the cross, new life, with others.)
- H. What risks must one take according to Jesus. Write on newsprint.
 - 1. Work in small groups
 - 2. Report to large group/write on newsprint.
 - 3. Responses include: Rejection, discomfort, hate, and others.

Devotions

- I. Opening Hymn 158 (LBW)
- II. Reading from Ephesians 1:3-10
- III. Ask participants to write down this sentence and

Bibles Paper Pencils

Printed sheets with songs and Bible text

Painted Vegetables

Paint

Glue

Brushes

Odds & ends

Newsprint

Magic Marker

meditate on it. Ask them to go off on their own. Allow 5 minutes.

O RISEN CHRIST, MAY THE FULLNESS OF TIME BE NOW 🖫

- IV. Sing Hymn 161 (LBW)
- V. Prayer
- VI. Any personal sharing

MONDAY

How the Natural World Deals with Risks - Play "Invent an Animal"

- I. Set up materials
- II. Group the participants
- III. Instruct participants to create an animal that is designed to survive. Participants:
 - A. Must identify the various survival factors and
 - B. Plan how the entity will survive.
 - IV. Participants are to hide their creations; no one seeing them when they are in the process of creating.
 - V. Allow a time period and then scatter the participants to find each other's creations.
- VI. Gather to share creations. Participants need to report:
 - A. What survival needs must be addressed
 - B. How the entity is designed to deal with those needs.

Bible Study - Excuses, Excuses (Remember: Aprilals adapt when humans make excuses.)

I. Review the risks and list excuses. Write on newsprint.

II. Instruct the group:

- A. What a value is:
 - 1. Something we put first
 - 2. Something we prize and cherish
 - 3. Something upon which we act
- B. To review the excuses and list the values demonstrated by the excuses. Once there is a list of excuses prioritize them in some way in terms of what people feel to really be important. Form below

Form Below: File: EXCUSE

EXCUSES | WHAT VALUES ARE DEMONSTRATED BY THESE EXCUSES | PRIORITY

C. Report back what groups discussed.

3

III. Managing the risks

- A. Review risks again
- B. Discuss: what should we do to manage these risks? May want to discuss in small groups if time/interest.
- C. May need to remind the participants of the position we hold on the resurrection:
 - 1. I Corinthians 15:3-8
 - 2. Romans 8:0-11)
 - 3. Matthew 28
- IV. Probably one of the issues that we face is the one thing we really fear/risk is death.
 - A. How does this correspond to our understanding of resurrection?
 - B. Is the risk of disciple the risk of death/the risk of resurrection/the risk of cross-bearing?

THE RISK OF LOVE

(What does God risk when He loves the world? What risks do we take?)

I. Play "Meet a Tree" Blind folds

Blind Folds

II. Draw a picture of a tree with charcoal.

Charcoal Paper

- III. Discuss what we know about trees
 - A. Ask the participants what they know about trees.
 - B. Included in the answers should be that trees:
 - 1. Give off moisture and oxygen into the atmosphere:
 - 2. Are home and food producer for both animals and humans; and
 - 3. Are a renewable resource. (There is a process called coppicing in which a tree is not fully cut down so the sprouts can emerge from the stump. When they are big enough, the new limbs can be used for firewood.)

IV. Review John 3:14-17

- A. Read the passage
- B. Use the following questions as discussion starters:
 - 1. How does this passage say God loves the world?
 - 2. How did God show love for the world in a concrete way?
 - 3. Complete this sentence: in some places in the scriptures, the cross is called a _____ (See Acts 5:30 NRSV)
 - 4. For whom did Christ die? For all of creation?

For me?

V. Demonstrate a hug

(Be sure the instructors back is to the couple.)

- A. Ask for three volunteers to demonstrate giving a hug. One person gives directions and the other two obey the directions exactly.
- B. Let several groups of volunteers try to do this.
- C. Review with the group what movements are made to give the hug. Note that one of these movements is the outstretching of arms, the symbol of the cross. The leader can point out that a hug is the embrace of a cross. God loves the world and hugs it with a cross.

VI. Read "A Story of Lenten Extremities"

There was a woman who had two sons and no husband. It was her joy, her labor, and all her pain to raise them on her own. They were bright, lads of brown eyes and black, and she loved them equally with a yearning love.

Before she left for work, she stroked their cheeks and gazed into their eyes. When she returned, she cooked.

She watched in misty gratitude as her children enjoyed her cooking; she stole glances at them when they slept—her light-boned Brown, her Black so bold—and she wept.

Thus daily did she love them, but with a breaking heart

and pain.

For they fought.

From the time they learned to talk, her sons made weapons of their words, knives of their tongues, and fire both amber and jet of their eyes. They hated each other. They said so, loud and heartily.

But she mothered the both of them; she was the oneness and the blood between them. She loved them and as they together were her heart, their hatreds tore her heart in two.

I'll teach them," she thought. "They have the gift of speech; surely they have the gift of hearing too. Surely a word of mine might change them."

In the evening, then, she spoke a wisdom to her sons.

"Blood shouldn't quarrel, nor families fight," she said. "It's as simple as that. Let the children love as their mother loves; and if the example alone is not enough, then use my love itself to give away. Oh, my children, I have twice too much for each of you, and if you share it I'll have double that again. I'll swell with loving to see you love, and all will be nourished and no one endangered, none."

She took their faces between her hands and wept upon them, and behold, they wept as well with eyes both brown and black, because they loved their mother after all-deeply, deeply.

But they didn't love each other. And they didn't stop

fighting.

They grew stout lads. They grew sinewed youths, with

muscles like traps and fists that didn't hesitate.

Now their fighting caused cuts in their lips, splits on their knuckles, and broken noses—all of which wrung the blood from their mother's heart.

It hurt to see their wounded faces, for she loved them. It hurt to see their faces enraged, for she loved them. It hurt to see them divided, for they were together her fullness and all her heart.

So she thought, "I'll show them how much it hurts me, and then they'll stop. If not my words, my actions will change them sure!"

So that is what she did. At dinner some minor insult between the lads turned looks to words, and words to deeds: a great grabbing of noses, ears, and hair with punchings and bashings too.

Their mother didn't speak. She seized with two hands the hem of the tablecloth, all covered with the dinner she'd prepared; and uttering a loud cry, she yanked the linen backward.

Food and dishes swept crashing to the floor, and the eyes of her sons were astonished: glasses, milk and silverware, and heart's blood.

"You're killing me!" she screamed, her hands turned up in pleading. "The hate and the hurting are murder inside me. Stop it, my Brown, my Black. Oh, stop it, please. Because I can't stop loving you—and love in me, so long as you hate, is an acid, a fire.

Then the lads wept on her and for her. But each devised a method for turning guilt to blame, and they kept on fighting, justified.

It is useless to number the reasons for their fighting. There are always reasons (though reasons are more the pardoners of passions than their causes, and can therefore change with the weather).

There are always reasons on reserve, all of them unimpeachable, most of them asinine. Forget them. Hate's hate, however it is justified.

Know this alone; that as the lads grew into men, they found more manly ways to prosecute their injuries and means more modern, more efficient.

They bought guns.

<u>Materials</u>

Materials

"Oh God!" their mother prayed, "What can I do to change them soon, to save them for me and from themselves?"

For here was a wonder: She loved them still, and her love was so rooted in her nature that she could not lose one and live. Yet she was losing both to their hatreds.

Thus, she prayed. And in the end she found a way, a terrible way. She would herself take their hate, and hope to take it away.

And so it happened. Late on a Friday, late in a Lenten gloom, late, late in the life of a mother, when one son Brown spun around with his gun, discharging more than a word—a bullet—at one son Black, the mother of both was found between them.

Mortal hatred cut her crosswise through the chest, and she fell.

"Mama! Mama!" they shrieked. "Mama! Are you all right?"

"No," she murmured. "Not all right."

They bellowed, "I didn't mean to hurt you."

"Yes, you did," she whispered. "You meant to drop whoever was in your way. It was me, son. Till now you did not know, but it was always, always me."

And she died.

Sons Brown and Black—what burning tears they wept at this final effort of their mother to preserve them good and whole and holy.

They raised the faces she once had stroked, and they wailed like babies again, unable to think of tomorrow, unable to think, unable—

Which things, my blood, my family, are a parable. Before the Sunday of the Resurrection there is a Friday. There always was the Friday. On Friday I am your brother Brown. And you—?

(Copyright c 1988 Walter Wangerin Jr. First published in the March 2, 1988 issue of *The Lutheran*.)

Encourage the participants to respond to the story. Ask what ideas went through their minds as they listened.

Materials

- VII. Discuss Reasons for Withholding Love
 - A. Can we do anything to cause Jesus to withdraw His love from us? Discuss.
 - B. Do we withhold our love from each other? Develop a list of behaviors that cause such an action.
 - C. Did Jesus ever withhold his love or might have had cause?
 - 1. Read Luke 22:33-34, 54-62 in small groups and ask the participants if there are any reasons listed for withholding love that might be presented in this passage.
 - 2. (The denial of friendship is a crisis for almost anyone at any age.)
 - 3. Report back to group.
 - 4. Ask, "Do you think Jesus stopped loving Peter because of what he did?
 - a. Did he have reasons to stop?
 - b. Why didn't he stop?
 - c. Does Jesus' love have conditions?
 - d. Does our love?
 - e. Are there times when we are justified in putting conditions on the love we give, or might there be a problem in how we define love?"
- VII. Jesus' Instructions to Love (Post resurrection event)
 - A. Gather in small groups and read John 21:15-19.
 - B. Answer: These questions
 - 1. What did Jesus ask Peter?
 - 2. What is Jesus asking Peter to do because Peter loves Jesus?
 - 3. How do you understand/interpret/implement these words of Jesus?
 - 4. List all the risks of loving.
 - C. Return to large group and share. (The risk of loving is the risk of trusting the Christ who died and rose.)

Worship

I. Sit around a candle

II. The Tree Fantasy

This fantasy is based on the death and resurrection of Jesus (Acts 5:27-32). Adapt the outline as you see fit. The leader should tell the story, using creative and descriptive words and inflections, pausing between each step. (You may wish to send younger campers off with a guide to explore trees or gather sticks and bind them into crosses with twine.)

Sit the participants in a circle on the ground in a relaxed fashion with hands on the ground behind them and eyes closed.

Newsprint
Magic Marker
These questions on
a piece of
paper - See
file: LOVEQUEST

Votive candle Matches Flash Light The fantasy guide (an outline):

1. Pretend you are a tree.

- 2. Root your fingers slowly into the ground.
- 3. Feel the temperature and the moisture.
- 4. Notice yourself as a tree. What species of tree are you?
- 5. What does your trunk look like? How about your limbs? Are they long or short, straight or crooked? What shape are your leaves?

6. Feel the wind, the sun, or lack of it.

- 7. Go through the seasons of the year. What do you notice about winter? Are there any internal sensations in the spring? What is summer like? When fall comes, do you feel something different inside? Do your leaves remain or do they fall off?
- 8. Who are the creatures around you? What kind of animals run beneath your limbs? Do any burrow into your wood or lay eggs in your leaves? Are there birds on your limbs? Do they sing? Are they building nests? What small plants grow at the base of your trunk? Are there other trees? Are they cooperating with you or are they competing for the same wind and sun and moisture?
- 9. Feel yourself grow sturdy. Feel yourself as a powerful part of the creation.
- 10. You have grown mature enough to be harvested. Someone approaches you with a cutting tool. Is it an ax? A chain saw?
- 11. You feel yourself being cut. You fall to the ground. One by one your limbs are removed. You are dragged away.
 - 12. You are taken to a saw mill.
- 13. You are cut into a heavy beam, and then you are cut in two, one piece longer than the other.
- 14. They carry you off to a hill, and your two parts are nailed together in the shape of a cross.
- 15. While down on the ground you feel a human body being placed upon you. Nails are being driven into you, but first they go through the hands and the feet of the person. How does the body feel?
- 16. You are lifted up so you stand erect. Is the body heavy? Do you hear any noises from the person? Is the person able to breathe? Is the person gasping for breath?
- 17. How long do you stand there? How do the observers behave?
- 18. You sense a ladder being leaned against you, and the body is removed. Do you have a sense of relief? What are people saying? Are they paying attention to you?
- 19. Feel yourself standing there. Sense the wind, the temperature. Are you alone?

20. Do you know what you just experienced?

21. You are now all by yourself. The hill is deserted. There is no one else to share this moment. You stand as a witness. The wind blows on you. What is the temperature? How do you feel? What do you know?

The participants open their eyes and share whatever thoughts they have with the persons next to them.

When the conversation has settled down, the leader can ask such questions as,

"What kind of tree were you? Where were you located? What kind of creatures and plants were around you? What was the low point of the experience for you? Was there a high point? To what do you feel you were a witness? Did you think there would be people in the world that would remember you forever?"

Materials

<u>Materials</u>

- III. Sing songs selected by group
 IV. Ask participants Because of this experience are there any risks you may be willing to take? Share with group.
 - V. Group Prayer

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(Cross pearing)

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6. Chaing Prayer

GATURDAY

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Roman 5:16-10

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THE RISK OF DISCIPLESHIP A One Day Spiritual Retreat

General Instructions:

Below are words that are similar in meaning to the word "risk." As you reflect throughout the day on the "Risk of Discipleship" how do any of these words add to your understanding of discipleship. There is room allowed for

you to make notes: Danger Hazard Chance Gamble Liability Threat Menace Jeopardy Opening Worship Sentence: O my people, what . . . (Micah 6:3-5) p, 587 Hymn Prayers (There will be silence between the collects.) Gracious and eternal God, look with mercy on this your family

for which our Lord Jesus Christ was willing . . .

Lord Jesus Christ, as we kneel at the foot of your cross, help us to . . .

Lord Jesus Christ, crucified for us, we kneel at the foot . . .

Almighty and everlasting God, by your Spirit the whole . . .

Crucified Savior, naked God, you hang disgraced and . . .

God of all the world whose Son was born . . .

Merciful God, creator of all the . . .

Psalm 22

Gospel Luke 14

Homily Cross Bearing

Hymn

A:\CROSS.WPD

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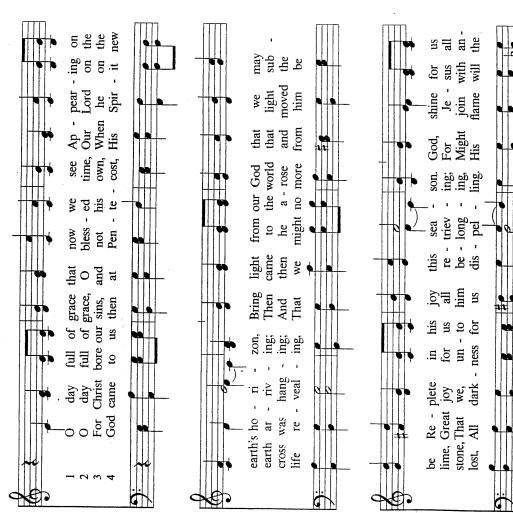
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O Day Full of Grace



That Christ is for us preparing. We'll gather in song, our hearts aglow. 5 When we on that final journey go

All joy of the heavens sharing, And walk in the light of God's own place. With angels his name adoring.

EPHESIANS 1:3-10

places, 4 just as he chose us in Christ * before the foundation of the good pleasure of his will, 6 to the praise of his glorious grace that he 3 Blessed be the God and Father of our Lord Jesus Christ, who the riches of his grace 8 that he lavished on us. With all wisdom and world to be holy and blameless before him in love. ⁵ He destined us insight 9 he has made known to us the mystery of his will, according has blessed us in Christ with every spiritual blessing in the heavenly freely bestowed on us in the Beloved. 7 In him we have redemption fullness of time, to gather up all things in him, things in heaven and for adoption as his children through Jesus Christ, according to the to his good pleasure that he set forth in Christ, 10 as a plan for the through his blood, the forgiveness of our trespasses, according to

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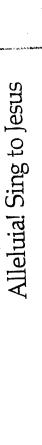
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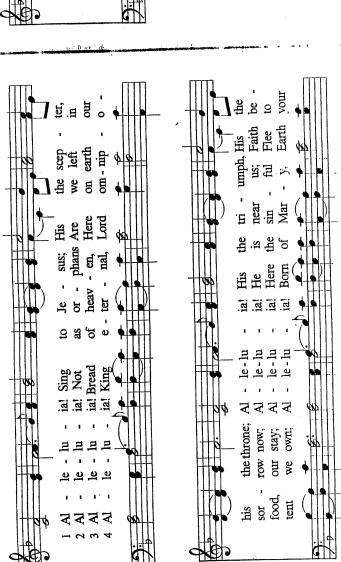
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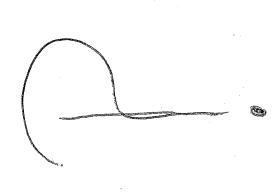
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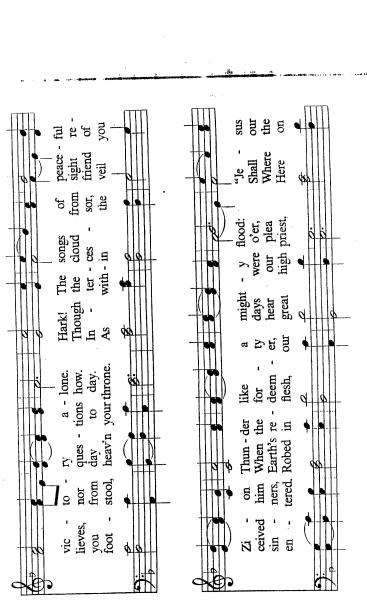
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5 Alleluia! Sing to Jesus;
His the scepter, his the throne;
Alleluia! His the triumph,
His the victory alone.
Hark! The songs of peaceful Zion
Thunder like a mighty flood:
"Jesus out of evry nation
Has redeemed us by his blood."





Gather in small groups and read John 21:15-19.

Answer the following questions:

- a. What did Jesus ask Peter?
- b. What is Jesus asking Peter to do because Peter loves Jesus?
- c. How do you understand/interpret/implement these words of Jesus?
- d. List all the risks of loving.